Week of April 8th



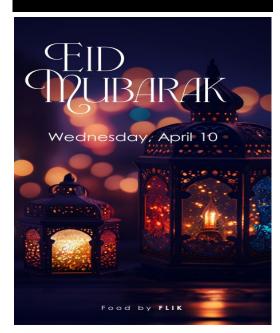




ALL WEEK INOVATION

Tony's Station at the Grill

- Green Shakshuka Baked Eggs FIT
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Food by FLIK

Soup Vegetarian Hot and Sour Soup FIT

Entrée Flik Teriyaki Chicken Breast FIT

Starch Vegetable Lo Mein Noodles

Sides Crispy Sweet Chili Tofu **FIT**; Stir Fry Asian Vegetable Medley

Grill Pan Seared Spiced Tofu, Mango Sweet Chili Sauce

Deli Soy Chicken, Carrot Slaw (Worcestershire), Wheat Wrap **FIT**

Salad Arugula, Quinoa and Beet Salad with Mango Vinaigrette

Action: Thai Tofu Fusion Burrito: Sweet Chili Grilled Tofu; Five Spice Grilled Shrimp Mango-Sweet Chili Sauce; Coconut Rice; Citrus Slaw

T Soup Chicken Barley Stew with Sage and Cremini Mushrooms

Entrée Hand Carved Breast of Turkey with Giblet Gravy

Starch Creamy Parmesan Mashed Potatoes

Sides Braised Colored Greens FIT, Roasted Cauliflower FIT

Grill Argentinean Eggplant Roll FIT

Deli Grilled Vegetable, Low fat Swiss Cheese FIT

Salad Quinoa, Israeli Couscous, Roasted Tomato Salad FIT

Action: Green Goddess Bowl: Quinoa, Roasted Broccoli, Asparagus, Pumpkin Seeds, Avocado, Dill, Grilled Marinated Chicken, Shrimp **FIT**

Soup Curried Butternut Squash, Lentil Soup FIT

W Entrée Chef Bal: Curry Chicken Masala

Starch Steamed Basmati Rice FIT

Sides Chef Bal: Green Bean and Potato Curry, Roasted Carrots FIT

Grill Teriyaki Chicken Burger FIT

Deli Flik Corned Beef Reuben

Salad Chicken Caprese, Heirloom Tomato, Mozzarella Salad FIT

Action: Shawarma Spiced Cauliflower Bowl: Chicken, Roasted

Tomatoes, Herbs, Pita, Hummus, Chili Sauce, Quinoa Samosa Cake

TH Soup Harira (Moroccan Lamb Soup) FIT

Entrée Flik Penang Beef Coconut Curry

Starch Sauteed Couscous, Vegetable Pilaf, Raisins, Chives

Sides Grilled Asparagus FIT, Sauteed Summer Squash FIT

Grill Peruvian Chicken Skewers, Salsa Criolla

Deli Roast Beef, Frizzled Onion, Blue Cheese

Salad Flik Moroccan Quinoa, Beet, Carrot Salad FIT

Action: Baked Falafel, Vegetable, Tabbouleh Bowl: Tzatziki,

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Hummus, Chickpea Falafel, Grilled Vegetables, Shrimp, Chicken

Soup Creamy New England Clam Chowder

Entrée Slow Roasted Wild Salmon with Parsley Sauce FIT

Starch Whole Grains and Vegetable Pilaf

Sides Grilled Broccoli Spears FIT/ Thyme Roasted Mushrooms FIT

Grill New England Fish & Chips with House Tartar Sauce

Deli Cathern Sandwich Special of the Day

Salad Sorghum, Jicama and Tomato Salad, Cilantro-Lime FIT

Before placing your order, please inform your server if a person in your party has a food allergy!