

STOP FOOD WASTE 
Day®

THE AVERAGE AMERICAN FAMILY
OF FOUR LOSES AT LEAST \$1,500
EACH YEAR ON WASTED FOOD.



ALL WEEK INNOVATION

**Tony's Station
at the Grill**

- **Green Shakshuka Baked Eggs** **FIT**
- **Shakshuka Baked Eggs**

**EID
MUBARAK**

Wednesday, April 10

Food by FLIK

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M **Soup** Vegetarian Hot and Sour Soup **FIT**
Entrée Flik Teriyaki Chicken Breast **FIT**
Starch Vegetable Lo Mein Noodles
Sides Crispy Sweet Chili Tofu **FIT**; Stir Fry Asian Vegetable Medley
Grill Pan Seared Spiced Tofu, Mango Sweet Chili Sauce
Deli Soy Chicken, Carrot Slaw (Worcestershire), Wheat Wrap **FIT**
Salad Arugula, Quinoa and Beet Salad with Mango Vinaigrette
Action: Thai Tofu Fusion Burrito: Sweet Chili Grilled Tofu; Five Spice Grilled Shrimp Mango-Sweet Chili Sauce; Coconut Rice; Citrus Slaw

T **Soup** Chicken Barley Stew with Sage and Cremini Mushrooms
Entrée Hand Carved Breast of Turkey with Giblet Gravy
Starch Creamy Parmesan Mashed Potatoes
Sides Braised Colored Greens **FIT**, Roasted Cauliflower **FIT**
Grill Argentinean Eggplant Roll **FIT**
Deli Grilled Vegetable, Low fat Swiss Cheese **FIT**
Salad Quinoa, Israeli Couscous, Roasted Tomato Salad **FIT**
Action: Green Goddess Bowl: Quinoa, Roasted Broccoli, Asparagus, Pumpkin Seeds, Avocado, Dill, Grilled Marinated Chicken, Shrimp **FIT**

W **Soup** Curried Butternut Squash, Lentil Soup **FIT**
Entrée Chef Bal: Curry Chicken Masala
Starch Steamed Basmati Rice **FIT**
Sides Chef Bal: Green Bean and Potato Curry, Roasted Carrots **FIT**
Grill Teriyaki Chicken Burger **FIT**
Deli Flik Corned Beef Reuben
Salad Chicken Caprese, Heirloom Tomato, Mozzarella Salad **FIT**
Action: Shawarma Spiced Cauliflower Bowl: Chicken, Roasted Tomatoes, Herbs, Pita, Hummus, Chili Sauce, Quinoa Samosa Cake

TH **Soup** Harira (Moroccan Lamb Soup) **FIT**
Entrée Flik Penang Beef Coconut Curry
Starch Sautéed Couscous, Vegetable Pilaf, Raisins, Chives
Sides Grilled Asparagus **FIT**, Sautéed Summer Squash **FIT**
Grill Peruvian Chicken Skewers, Salsa Criolla
Deli Roast Beef, Frizzled Onion, Blue Cheese
Salad Flik Moroccan Quinoa, Beet, Carrot Salad **FIT**
Action: Baked Falafel, Vegetable, Tabbouleh Bowl: Tzatziki, Hummus, Chickpea Falafel, Grilled Vegetables, Shrimp, Chicken

F **Soup** Creamy New England Clam Chowder
Entrée Slow Roasted Wild Salmon with Parsley Sauce **FIT**
Starch Whole Grains and Vegetable Pilaf
Sides Grilled Broccoli Spears **FIT**/ Thyme Roasted Mushrooms **FIT**
Grill New England Fish & Chips with House Tartar Sauce
Deli Cathern Sandwich Special of the Day
Salad Sorghum, Jicama and Tomato Salad, Cilantro-Lime **FIT**

**Before placing your order, please inform your server
if a person in your party has a food allergy!**